

St. Patrick's Breastplate

Composed by Saint Patrick in 433 AD. A breastplate is a piece of armour worn in battle over the chest.



I bind to myself this day, The strong virtue of the invocation of The Most Holy Trinity, The virtue of The Most Holy Trinity in unity, The Creator of the elements.

I bind to myself this day, the power of the incarnation of Christ and His baptism, The power of His crucifixion with His burial, The power of His resurrection with His ascension, The power of His coming to the sentence of the judgement.

I bind to myself this day, the power in the love of the seraphim, in the obedience of angels, in the hope of resurrection unto reward, in the prayers of patriarchs, in the predictions of prophets, in the preaching of apostles, in the faith of confessors, in the purity of virgins, in the deeds of holy men.

I bind to myself this day, the power of God to guide me,

the might of God to uphold me, the wisdom of God to teach me, the eye of God to watch over me, the ear of God to hear me, the Word of God to give me speech, the Hand of God to protect me, the way of God to lie before me, the shield of God to shelter me, the Host of God to defend me, against the snares of demons, against the temptations of vices, against the lusts of nature, against every man that meditates injury to me, whether far or near, whether alone or with many.

I have invoked all these virtues, against every hostile savage power warring upon my body and my soul, against the enchantments of false prophets, against the black laws of heathenism, against the false laws of heresy, against the deceits of idolatry, against the spells of witches, magicians and druids, against all knowledge which binds the soul of men.

Christ protect me this day, against poison, against burning, against drowning, against wounding, that I may receive abundant reward.

Christ be with me, Christ before me, Christ be after me, Christ within me, Christ below me, Christ above me, Christ at my right hand, Christ at my left,

Christ in the heart of every man who thinks of me, Christ in the mouth of every man who speaks to me, Christ in every eye that sees me, Christ in every ear that hears me.

I bind to myself this day, the strong virtue of the invocation of the Most Holy Trinity, The virtue of the Most Holy Trinity in unity, the Creator of the elements. Salvation is The Lord's, salvation is from Christ, thy salvation, O Lord, be with us forever.

Amen

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